

ALCOHOL/DRUG ASSESSMENT

Patient Name _____

Who in your family do you believe has/had a drug/drinking problem?

NAME	RELATIONSHIP	SUBSTANCE	STILL USING

Please check which of the following you have used?

	USED	STILL USING
Alcohol	_____	_____
Tranquilizers	_____	_____
Sleeping Pills	_____	_____
Diet Pep Pills or Speed	_____	_____
Cocaine	_____	_____
Narcotics	_____	_____
Street Drugs	_____	_____
Marijuana	_____	_____
Hashish	_____	_____
Hallucinogens	_____	_____
Inhalants	_____	_____
Over-the-counter	_____	_____
Caffeine	_____	_____
Nicotine	_____	_____
Other _____	_____	_____

How does your personality or behavior change when you drink/use drugs? _____

What problems have you experienced as a result of your alcohol/drug use? _____

DRINKING QUESTIONNAIRE

YES

- Do you drink/use drugs to overcome shyness or to feel more confident?.....
- Are you having money troubles because of drinking/drugging?.....
- Do you ever stay home from work because of drinking/drugging?.....
- Is drinking/using drugs causing trouble in your family?.....
- Is drinking/using drugs giving you a bad reputation?.....
- Are you less ambitious than when you drank or used drugs less?.....
- Are you less productive than you were?.....
- Have you lost a job or a business because of drinking/using drugs?.....
- Do you drink/use drugs to escape from your problems?.....
- Do you drink/use drugs when you are alone?.....
- Do you have blackouts? (Loss of memory for events that happened or of actions you performed while drinking/using drugs).....
- Do you feel remorse after drinking/using drugs?.....
- Do you need a drink/drug at a definite time every day?.....
- Do you drink/use drugs in the morning?.....
- Have you ever been in a hospital because of drinking/using drugs?.....
- Has a doctor ever treated you for your drinking/drug use?.....
- Do you drink/use drugs too much at the wrong time? (Example-Weddings, when there are important guests.).....
- Do you make promises to yourself or others about your drinking?.....
- Do you have to keep on drinking/drugging once you have started?.....
- Is drinking/drugs making it hard for you to sleep?.....
- Have you had an accident because of drinking/using drugs?.....
- Do you drink/use drugs to relieve the painfulness of living?.....
- Do you have trouble getting rid of cans and bottles?.....
- Are you less particular about people you are with and the place you go when you are drinking/using drugs?.....
- Have you been arrested more than once for drunk driving?.....
- Has drinking/drugs affected your health?.....
- Do family members express concerns about your drinking/drug using?.....

Patient Signature _____

Date _____

Therapist Signature _____